



LUISENHÖHE

GESUNDHEITSRESORT  
SCHWARZWALD

# SPA MENU

GesundKunft®-SPA | Black Forest

# BODY

## Classic massages

### **Partial or full body massage**

25 MIN / 50 EUR  
50 MIN / 80 EUR

#### **with aroma care oil:**

25 MIN / 55 EUR  
50 MIN / 85 EUR

Intensive, powerful partial or full body massage to improve circulation. Tense muscles are loosened, each massage is tailored to your specific needs and, on request and at an extra charge, high-quality aromatic oils can be used to pamper your skin and senses.

### **Head, neck & face massage**

50 MIN / 80 EUR

## Special massages

### **Foot reflexology**

25 MIN / 50 EUR

Our feet are the mirror image of our body. Organs, the lymphatic and nervous systems can be stimulated and positively influenced by the feet, and blood circulation and metabolism are also stimulated.

### **Energy pure**

50 MIN / 90 EUR

A combination of foot reflexology & intensive back massage.

### **Hot Stone**

75 MIN / 115 EUR

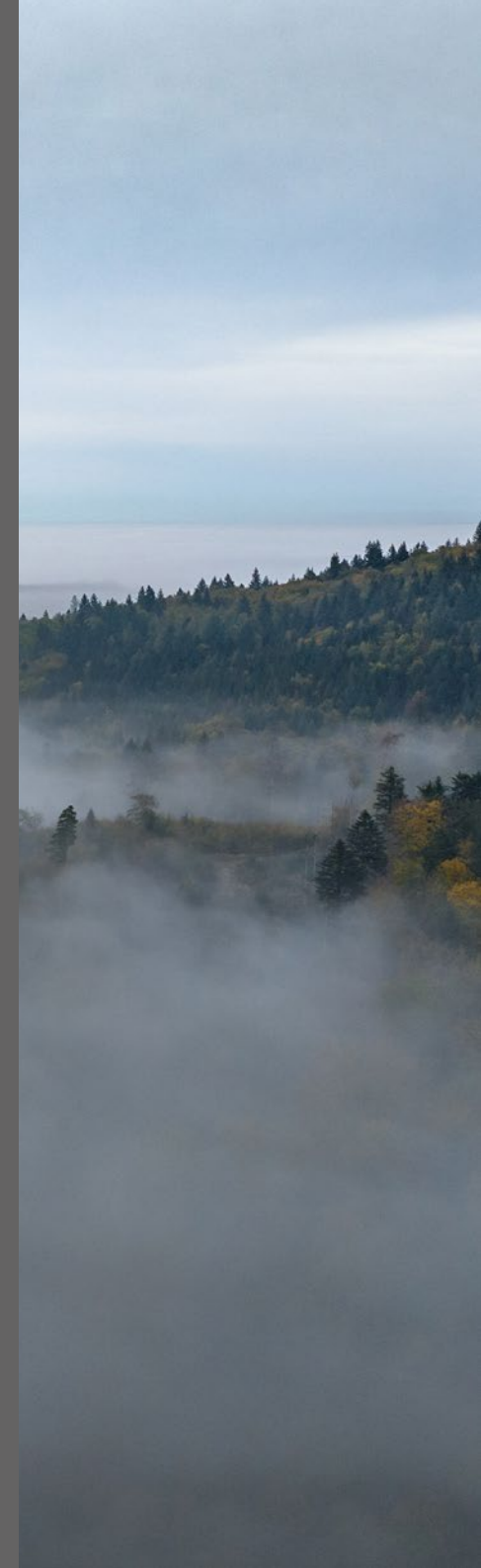
Hot basalt stones are gently guided over your body and, in combination with warm body oil and special massage techniques, provide vitalization. The hot stones on your energy centers provide strength and deep relaxation.


### **Herbal stamp massage**

75 MIN / 115 EUR

Regenerating full body massage with fragrant warm herbal stamps.

**PINO** care products are used for all classic & special body treatments.





**[ comfort zone ]**  
conscious skin science

# [ COMFORT ZONE ]

SKIN SCIENCE SOUL

Comfort Zone combines relevant scientific findings, innovative research and natural and clinically effective ingredients with the holistic approach of harmony of body, mind and soul in a well thought-out product selection.

## **SKIN - The skin is our focus**

Our ongoing research aims to understand how processes in the skin work and how its beauty and vitality can be preserved in the best possible way.

## **SCIENCE - Science is our guide**

In our pursuit of excellence, we are always guided by the latest medical and scientific research findings.

## **SOUL - Skin care products with soul**

We are dealing with people, not just their skin. Our ultimate goal is therefore to support and encourage people to invest time in their daily skincare routine.

# FACE

[ comfort zone ]

## **The Joy of Beauty**

65 MIN / 135 EUR

Effective - Individual - Classic

## **Hydramemory**

Moisturize around the clock

## **Hydra Glow**

75 MIN / 140 EUR

Deep-acting moisture - Immediate radiance - Draining & firming effect

## **Insta Hydra**

25 MIN / 60 EUR

Hydration of the skin - Instant radiance

## **Sublime Skin**

Active regeneration of the skin structure

### **Pro Lift**

55 MIN / 140 EUR

Smoothing - Plumping - Regenerating

### **Pro Lift Short**

25 MIN / 70 EUR

Radiant - Smoothing

### **Ultra Lift**

80 MIN / 195 EUR

Intensive lifting - Firming - Renewing

### **Absolute Firming Neck & Decolleté**

25 MIN / 55 EUR

Nourishing - Refreshing - Smoothing - Also perfect as a complement to Pro Lift & Ultra Lift

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# TRANQUILLITY™



[ comfort zone ]

## RITUALS

[ comfort zone ]

### **Tranquillity Pro Sleep Body Flow**

100 MIN / 180 EUR

Renewal - Lightness - Balance

### **Detox & Drain**

50 MIN / 90 EUR

Draining - Slimming - Modeling

### **Tranquillity Pro Sleep Massage**

55 MIN / 95 EUR

Deep relaxation - Well-being - Serenity

### **Body Aktive**

50 MIN / 85 EUR

Remodeling - Toning - Revitalizing

### **Double Peel Body**

55 MIN / 90 EUR

Regenerating - Smoothing - Nourishing

### **Body Glow**

25 MIN / 55 EUR

Silky soft - Radiant



VINOBLE COSMETICS



# VINOBLE COSMETICS

pure | UNISEX | 100 % natural cosmetics | 0 % critical ingredients

Modern natural cosmetics that combine COSMOS-certified raw materials with high concentrations of active ingredients. Key natural processes in the skin are reactivated, revitalized and regenerated, thereby delaying environmental ageing processes.

With VINOBLE PURE, every skin type gets what it really needs to look healthy, natural and beautiful.

# FACE

Vinoble Cosmetics PURE

## Pure Facial - Unisex

55 MIN / 130 EUR

Ritual - Cleansing & Peeling - Essence -  
Concentrate - Eye care - Facial massage  
with mask - Final care

75 MIN / 155 EUR

Ritual - Cleansing - Exfoliation - Skin  
analysis & deep cleansing - Essence -  
Concentrate - Eye care - Facial massage  
with mask - Finishing treatment



VINOBLE COSMETICS  
*pure*



[re]connect to yourself. stay healthy.



# LIGNE ST BARTH

THE SPIRIT OF NATURE

Let time stand still and surrender to the moment. Immerse yourself in the abundance and intensity of tropical nature: taste the sweetness of exquisite fruits that are freshly prepared for the treatments. Fragrant flowers are ambassadors from paradise. Precious ingredients from the exotic plant world unfold their cleansing, moisturizing and nourishing effects, carefully tailored to the needs of the skin and our modern life.

Ligne St Barth focuses on people and their well-being - with an unforgettable spa concept that combines Caribbean lightness and soothing beauty care. The gentleness of a peeling, the warming oil of a massage, the refreshing kick of a body splash - the interplay of fine elixirs and luxurious relaxation rituals pampers body and senses.



# FACE

Ligne St Barth

## ST BARTH Freshness

85 MIN / 155 EUR

Gentle - Beguiling

Facial & décolleté treatment with partial body massage as desired

## ST BARTH Pureness

55 MIN / 110 EUR

Cleansing - Vitalizing

Facial & décolleté treatment with hand or foot massage

## ST BARTH Pureness Short

25 MIN / 69 EUR

Cleansing - Vitalizing

Face & décolleté treatment





# RITUALS

Ligne St Barth

## **ST BARTH Softness**

45 MIN / 75 EUR

Relaxing - Fruity

Full body peeling massage with coconut oil & papaya mousse

## **ST BARTH Elasticity**

45 MIN / 82 EUR

Rich in vitamins - Clarifying

Body wrap with clay & cucumber - mousse including head or foot massage

## **ST BARTH Sensation**

55 MIN / 95 EUR

Nourishing - Luxurious

Body wrap with relaxing massage

## **ST BARTH Harmony**

85 MIN / 140 EUR

Pampering - Regenerating

Full body massage with final body lotion

## **ST BARTH Harmony Short**

25 MIN / 60 EUR

Pampering - Regenerating

Partial body massage with final body lotion

# FACE

Extras

**Shaping eyebrows**

18 EUR

**Eyebrow tinting**

18 EUR

**Eyelash tinting**

18 EUR

Depilation with warm wax

**Face**

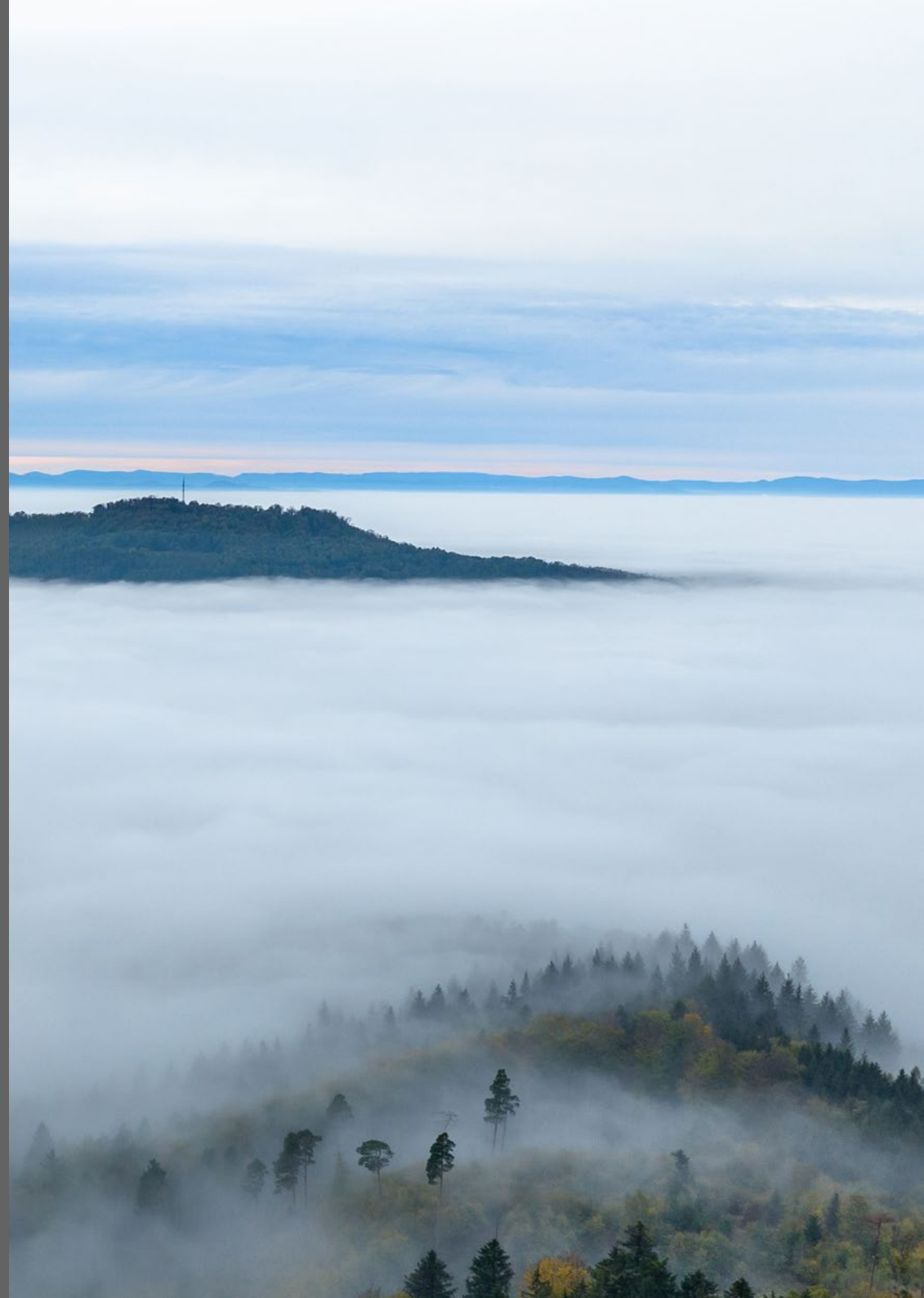
25 EUR

**Body**

30 EUR / Bikini zone

40 EUR / Legs to knee

60 EUR / Legs complete





# HAND & FEET

## Manicure

Hand bath - Exfoliation - Shaping & filing the nails - Pushing back & removing the cuticles - Massage - Finishing treatment

### **Manicure without polish**

45 MIN / 60 EUR

### **Manicure with OPI polish**

55 MIN / 75 EUR

### **OPI polish only**

10 MIN / 23 EUR

### **Manicure with OPI GelColor<sup>®</sup> (Shellac)**

75 MIN / 98 EUR

### **OPI GelColor<sup>®</sup> (Shellac)**

30 MIN / 38 EUR

## *Ligne St Barth*

### **ST BARTH Tender Hands**

60 MIN / 85 EUR

Natural - Opulent

Care treatment for the hands

## Pedicure

Foot bath - Exfoliation - Shaping & filing of the nails - Removal of cuticles & any calluses - Massage - Final treatment

### **Pedicure without polish**

45 MIN / 60 EUR

### **Pedicure with OPI polish**

55 MIN / 75 EUR

### **OPI polish only**

10 MIN / 23 EUR

### **Pedicure with OPI GelColor<sup>®</sup> (Shellac)**

75 MIN / 98 EUR

### **OPI GelColor<sup>®</sup> (Shellac)**

30 MIN / 38 EUR

## *Ligne St Barth*

### **ST BARTH Tender Feet**

60 MIN / 85 EUR

Stimulating - Exotic

Care treatment for the feet

# SPA ETIKETTE

For a pleasant get-together ... from the right dress code to advance reservations. Here are a few tips for your visit to our GesundKunft®-SPA Black Forest.

## Dresscode

The best way to relax is in our cuddly soft bathrobes, in which you are welcome to come to our treatments.

During massages, cosmetic and body treatments, your body is covered and only the part of your body being treated is exposed. You will receive a disposable brief from us.

Please always keep valuable items in your room/room safe.

The saunas are a textile-free zone. We ask that you only enter the sports, fitness and swimming areas in appropriate clothing.

## Health & wellbeing

Your health is important to us. Please inform us of any intolerances, health restrictions or your pregnancy so that you can enjoy the full luxury of our treatments.

Make sure you drink enough fluids and do not eat heavy meals directly before the treatments and sauna. A soothing shower before the pool/sauna or treatment serves as a wonderfully relaxing introduction to our GesundKunft®-SPA experience.

The GesundKunft®-SPA is available to people aged 16 and over.

Our younger guests up to the age of 15 are welcome to use our Schwimm-Ins-Land pool daily from 09:00 am to 02:00 pm.

## Environmental awareness

Sustainability and respect for the environment are fundamental. Please only use as many bath towels as you need for your stay.

## UnverzichtBAR

Our UnverzichtBAR is open for you daily from 11.00 am- 6.30 pm. You are welcome to enjoy our small delicacies and dishes from the snack menu in your bathrobe, slippers and sportswear.

## Desired date

To secure your desired treatment, we recommend booking your SPA appointments before your visit. Of course, we will also try to make appointments at short notice.

You can get information about our current SPA offers in person at our SPA reception between 7.00 am and 8.00 pm or by telephone on 0761 13733-237 or by e-mail at spa@luisenhoehe-hotel.de.

## Delay

It is not possible for us to extend treatments beyond the agreed date. If you arrive later than booked, your treatment time will be shortened accordingly.

We therefore ask you to arrive approx. 10 minutes before the start of your treatment so that you can fully enjoy your booked pampering time.

## Cancellation

If you are unable to keep your appointment, out of consideration for other guests, we ask you to cancel up to 24 hours before your appointment.

Otherwise we will charge you the total costs.

Thank you for your understanding.

## Special wishes

If you have any wishes or suggestions, you are welcome to contact your therapist directly with regard to the intensity of the massage, light, music or heat regulation.

## Digital detoxing

You can consciously implement a „technology-free zone“ and quiet speaking with us.

## Miscellaneous

We have a sufficient number of sun loungers and rest areas. We therefore ask you to avoid reserving them with towels or bags.

In order to achieve better relaxation in the sauna, we ask you to keep to the comfort zone of one towel width, as well as to use the bath towel as a base for your body and feet for hygienic reasons.

**With this in mind, we wish you a relaxing stay in our GesundKunft®-SPA Black Forest.**